

## Torbay Joint Health & Wellbeing Strategy 2018-20: Draft Revised Outcome Framework

The draft outcome framework below sets out proposed indicators against each chapter of the Joint Health and Wellbeing Strategy. These represent a combination of longer term outcomes and short to medium term process measures which describe progress towards delivery.

Each chapter has one or more partner forums which are being consulted on the proposed outcome measures and will be involved in supporting both monitoring and delivery as appropriate.

Outcomes will be reported on a regular basis to the Torbay Joint Health and Wellbeing Board.

Priority area	Goals	Actions	Suggested indicators		Partner forums
			Outcome measures	Process measures	
<b>1 Work together at scale to promote good health and wellbeing and prevent illness</b>	<ul style="list-style-type: none"> <li>➤ More people choosing and enabled to live healthy lifestyles and fewer people unwell</li> <li>➤ More people living independently in resilient communities</li> <li>➤ People being supported to have the knowledge, skills and confidence to self-care and better manage their health conditions</li> <li>➤ The health and care system ready and able to intervene early if necessary.</li> </ul>	<ul style="list-style-type: none"> <li>• Promote:               <ul style="list-style-type: none"> <li>○ MECC (Making Every Contact Count)</li> <li>○ Directories of service</li> <li>○ Social Marketing</li> <li>○ Community Grants</li> <li>○ Patient Activation</li> <li>○ Social prescribing</li> <li>○ Shared decision making</li> <li>○ HOPE (Helping Overcoming Problems Effectively)</li> </ul> </li> <li>• Improve access to:               <ul style="list-style-type: none"> <li>○ lifestyle advice</li> <li>○ health and lifestyle screening</li> <li>○ lifestyle services</li> <li>○ early intervention when someone becomes ill</li> <li>○ prevention of falls and frailty</li> <li>○ mental health promotion</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Life expectancy gap</li> <li>• Mortality rate from preventable conditions</li> <li>• Adult smoking rate</li> <li>• Alcohol attributable admissions</li> </ul>	<ul style="list-style-type: none"> <li>• MECC training – coverage by sector</li> <li>• HOPE training – coverage</li> <li>• Devon Prevention STP workstream performance indicators &amp; outcomes</li> </ul>	<ul style="list-style-type: none"> <li>• Torbay &amp; South Devon Prevention Delivery Group</li> <li>• Devon STP Prevention Working Group</li> </ul>

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		<ul style="list-style-type: none"> <li>○ prevention &amp; control of infection in the community and in care homes.</li> </ul>			
<b>2 Enable children to have the best start in life and address inequalities in outcomes</b>	<ul style="list-style-type: none"> <li>• Children having the best start in life <ul style="list-style-type: none"> <li>➤ The impact on children and families from domestic abuse, alcohol/substance misuse and all forms of child exploitation reduced</li> <li>➤ Improved education outcomes for all children and young people regardless of where in the Bay they live</li> <li>➤ Young people being healthy, making positive choices and influencing their own future.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Children and Young Peoples' Strategic Partnership, Children and Young People's Plan</li> <li>• Integrated service offer for 0-19 years</li> <li>• Focus on addressing the causes and effects of child poverty</li> <li>• Promote healthy lifestyles for all ages across the life course</li> <li>• Keep children, young people and families well.</li> </ul>	<ul style="list-style-type: none"> <li>• Child poverty</li> <li>• Numbers &amp; proportions of Children in Need, Looked After Children, and Children with Education, Health and Care Plans</li> </ul>	<ul style="list-style-type: none"> <li>• Early years development</li> <li>• Smoking in pregnancy</li> <li>• Child weight</li> <li>• School ages &amp; stages composite scores</li> <li>• Vaccination rates</li> </ul>	<ul style="list-style-type: none"> <li>• Torbay Children and Young People's Strategic Partnership Group</li> </ul>
<b>3 Build emotional resilience in young people</b>	<p>More children and young people:</p> <ul style="list-style-type: none"> <li>➤ experiencing good emotional health and wellbeing</li> <li>➤ recovering from their emotional health and wellbeing needs</li> <li>➤ having better physical health and better</li> </ul>	<ul style="list-style-type: none"> <li>• Torbay Healthy Learning website and social media platform</li> <li>• Coordinated personal health and sex education (PHSE) delivery, training and peer support</li> <li>• 0-19 years integrated service and the Child and Adolescent Mental Health Service</li> </ul>	<ul style="list-style-type: none"> <li>• Mental wellbeing at 15 years</li> <li>• Self-harm rates</li> <li>• Survey findings (eg Healthwatch Young Person in Torbay survey 2018)</li> </ul>	<ul style="list-style-type: none"> <li>• Pupils with social, emotional and mental health needs</li> <li>• Implementation of self-harm prevention pilot programme milestones</li> </ul>	<ul style="list-style-type: none"> <li>• Torbay Children and Young People's Strategic Partnership Group</li> <li>• Prevention STP Mental Health leads group</li> </ul>

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	<p>emotional health and wellbeing</p> <ul style="list-style-type: none"> <li>➤ having a positive experience of care and support</li> <li>➤ having access to high quality support, as close to home as possible</li> <li>➤ More people having an understanding of emotional health and wellbeing.</li> </ul>	<ul style="list-style-type: none"> <li>• Co-design and co-produce with children and young people who are part of the wider system.</li> </ul>			
<p><b>4 Create places where people can live healthy and happy lives</b></p>	<ul style="list-style-type: none"> <li>➤ Get more people moving</li> <li>➤ Encourage people to reach &amp; maintain a healthy weight</li> <li>➤ Promote people drinking sensibly and becoming smoke free</li> <li>➤ Enable people to be a part of their community and live fulfilled lives</li> <li>➤ Ensure our planning and housing systems promote health.</li> </ul>	<ul style="list-style-type: none"> <li>• Healthy Torbay programme</li> <li>• Community and voluntary sector wellbeing partnerships</li> <li>• Partnerships with Councillors and community builders in deprived areas</li> <li>• Healthy Weight Action Plan, infant feeding, and school-based holiday hunger</li> <li>• “Torbay on the Move”, “Run for your Life”</li> <li>• Torbay Housing Partnership &amp; Housing Strategy Action Plan, fuel poverty.</li> <li>• Tobacco Alliance</li> </ul>	<ul style="list-style-type: none"> <li>• Thriving place index</li> <li>• Physically (in)active adults</li> <li>• Smoking rates</li> <li>• Obesity rates</li> <li>• Harmful drinking rates</li> </ul>	<ul style="list-style-type: none"> <li>• Park run for juniors &amp; adults</li> <li>• Referrals for home energy efficiency support</li> </ul>	<ul style="list-style-type: none"> <li>• Healthy Torbay</li> <li>• Torbay Healthy Weight Forum</li> <li>• Torbay Physical Activity Steering Group</li> </ul>

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<b>5 Support those who are at risk of harm and living complex lives, addressing the underlying factors</b>	<ul style="list-style-type: none"> <li>➤ Develop services for those most in need based on a “Housing First” approach</li> <li>➤ Redesign the system to have a more preventative strength-based approach</li> <li>➤ Focus on transition</li> <li>➤ Support young adults with complex needs to live independently               <ul style="list-style-type: none"> <li>• Quality workforce.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Service re-design</li> <li>• Integrated support offer involving those with lived experience</li> <li>• Rough sleeping and those on the edge of homelessness</li> <li>• People with complex learning disabilities and mental health needs closer to home</li> <li>• Integrate mental health and primary care into community settings</li> <li>• Holistic support for families with parental mental ill health and/or substance misuse.</li> </ul>	<ul style="list-style-type: none"> <li>• Homelessness rates</li> <li>• Successful drug treatment rates</li> <li>• Successful alcohol treatment rates</li> </ul>	<ul style="list-style-type: none"> <li>• Domestic abuse, crimes &amp; incidents</li> <li>• Torbay Domestic Abuse &amp; Sexual Violence programme milestones &amp; performance indicators</li> </ul>	<ul style="list-style-type: none"> <li>• Transforming Care Partnership</li> <li>• Torbay Multiple Complex Needs Programme Board</li> <li>• Devon STP Multiple Complex Needs Group</li> <li>• Torbay Domestic Abuse &amp; Sexual Violence Executive Group</li> </ul>
<b>6 Enable people to age well</b>	<ul style="list-style-type: none"> <li>➤ Enable isolated older people to feel (re)connected with friends, communities &amp; activities</li> <li>➤ Support older people to feel their lives have value and purpose as life changes, being able to contribute</li> </ul>	<ul style="list-style-type: none"> <li>• Review &amp; extend the benefits of the Ageing Well programme</li> <li>• More extra care and supported flexible accommodation</li> <li>• Shape the care home and care market &amp; provide more dementia and nursing provision</li> </ul>	<ul style="list-style-type: none"> <li>• Proportion (of people &amp; carers) reporting sufficient social contact</li> <li>• Proportions feeling supported to</li> </ul>	<ul style="list-style-type: none"> <li>• Use of good end of life care practice &amp; training</li> <li>• Falls prevention programmes coverage</li> </ul>	<ul style="list-style-type: none"> <li>• Torbay Ageing Well Programme Board</li> <li>• Torbay Older People’s Assembly</li> </ul>

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	<ul style="list-style-type: none"> <li>➤ High personal, learning and service aspirations for later life</li> <li>➤ Ageing is viewed positively &amp; older people are valued</li> <li>➤ Older people remain independent &amp; receive high quality strengths based support.</li> </ul>	<ul style="list-style-type: none"> <li>• Test the technological solutions that enable people to stay at home and remain independent</li> <li>• Support the independent care workforce to be “Proud to Care” and design new roles</li> <li>• Creative housing solutions and changing care settings contribute to the regeneration and vision for our town centres.</li> </ul>	<ul style="list-style-type: none"> <li>• self-manage health conditions</li> <li>• Living in fuel poverty</li> <li>• Falls &amp; fractures rates</li> <li>• Frailty (proportions severe, moderate, mild)</li> <li>• Oral health status</li> </ul>	<ul style="list-style-type: none"> <li>• Flu vaccination rates</li> <li>• Carer numbers &amp; survey outcomes</li> <li>• Torbay Ageing Well programme performance indicators</li> </ul>	
<b>7 Promote good mental health</b>	<ul style="list-style-type: none"> <li>➤ Services are in the right place at the right time</li> <li>➤ Cohesive &amp; joint strategic approach to all-age mental health</li> <li>➤ Identify and acknowledge the wider determinants that affect mental health and wellbeing</li> <li>➤ Strong focus to preventing mental ill health</li> <li>➤ Support individual resilience.</li> </ul>	<ul style="list-style-type: none"> <li>• Making Every Contact Count (MECC) and Making Every Contact Count in Mental Health (Connect 5) training in front-line services, community and voluntary sector</li> <li>• Menu of services within the statutory and voluntary sector supporting individuals with low level mental health to prevent escalation and crisis</li> <li>• 5 Ways to Wellbeing social marketing campaign</li> </ul>	<ul style="list-style-type: none"> <li>• Self-reported wellbeing / happiness score</li> <li>• Suicide rate</li> </ul>	<ul style="list-style-type: none"> <li>• Delivery of Torbay Mental Health Concordat action plan</li> <li>• Delivery of Torbay Suicide action plan</li> <li>• Uptake &amp; evaluation of campaigns (eg 5 ways to wellbeing)</li> </ul>	Devon and Torbay Mental Health partnership groups

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		<ul style="list-style-type: none"> <li>• Public Mental Health Concordat action plan</li> <li>• Support organisations &amp; communities to address issues around mental ill health within their town or setting</li> <li>• Ensure the learning from local ways of working (such as the community-led work in Brixham) is shared and makes a sustainable real difference</li> <li>• Torbay multi-agency Suicide and Self-harm Prevention plan.</li> </ul>		<ul style="list-style-type: none"> <li>• Delivery of training programmes (eg Connect 5)</li> </ul>	